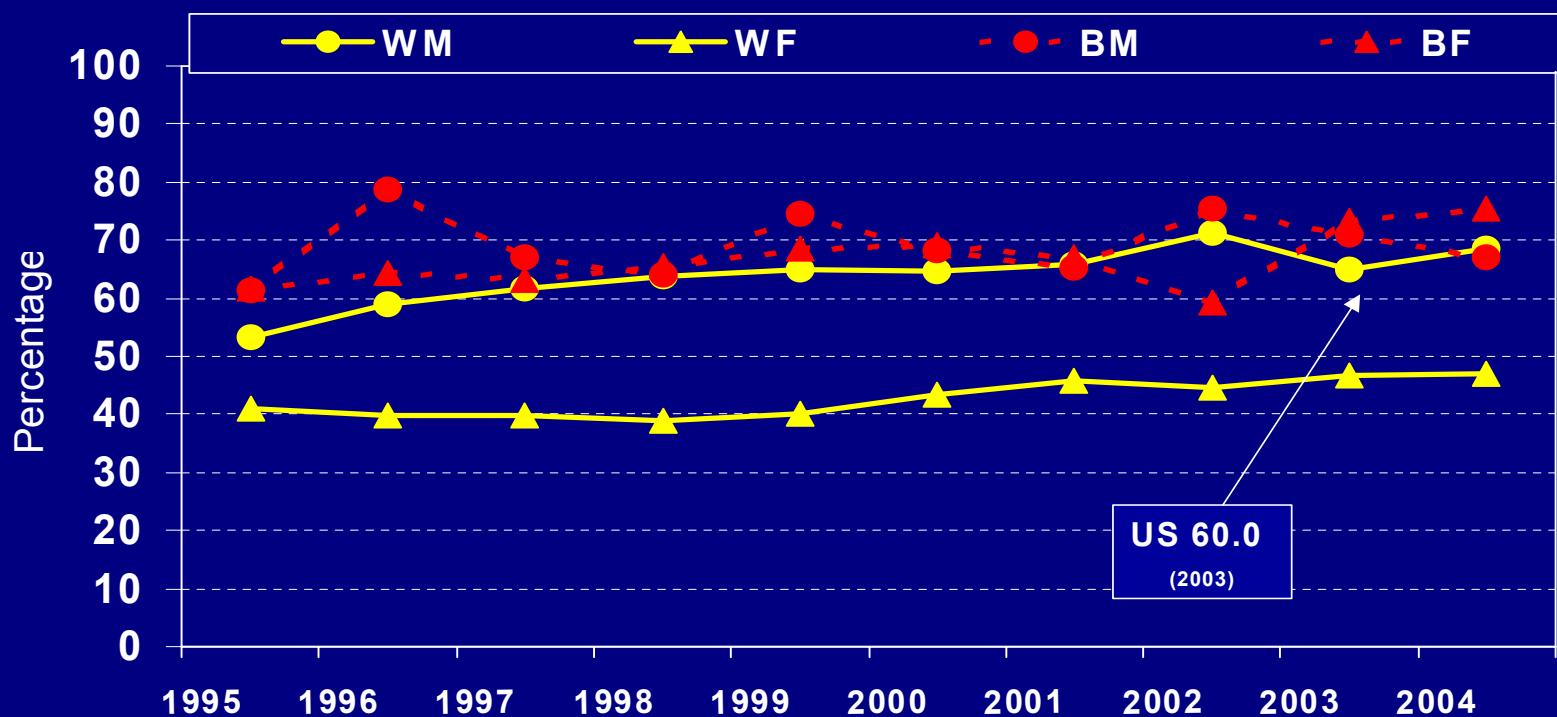


# South Carolina Health Disparities: Prevalence of Overweight & Obesity\*



\*BMI  $\geq$  25  
Source: DHEC BRFSS



- Overweight and obesity continues to increase among South Carolinians at levels significantly above the national level.
- Males of both races have similarly high levels of overweight, while black females have a higher percentage than males in 2004 and white females continue to have significantly lower than all of the other groups, but still increasing levels of overweight.
- Overweight and obesity are associated with increased rates of diabetes and heart disease.